

May 2021

Mon	Tue	Wed	Thurs	Fri
In-person programs are in bold and require pre-registration. Virtual and Telephone programs are in regular font.				
Please call the Center (207-967-8514) or email Dori at info@seniorcenterkennebunk.org to register or FMI.				
3 9:00 Keep it Legal 1:00 Chair Yoga	4 1:30 Bingo	5	6 9:00 Chair Yoga 10:00 Floor Yoga 11:00 Grief Group 1:00 Knitting Group	7
10 9:00-12:00 Goren 12 Bridge 1:00 Chair Yoga	11 9:00-11:30 Open Bridge 12:30-3:00 Men's Bridge	12 9:00-11:30 Bridge Group 10:00 Tai Chi 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	13 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Knitting Group	14 9:00-11:00 Eight Diamonds 10:00-12:00 Art Workshop
17 9:00-12:00 Goren 12 Bridge 1:00 Chair Yoga 12:30 – 3:30 Merry Maidens	18 9:00-11:30 Open Bridge 12:30-3:00 Men's Bridge 1:30 Bingo	19 9:00-11:30 Bridge Group 12:00 Luncheon 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	20 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Knitting Group	21 9:00-11:00 Eight Diamonds 10:00-12:00 Art Workshop
24 9:00-12:00 Goren 12 Bridge 10:00 Laughter Yoga 12:30 – 3:30 Merry Maidens 1:00 Chair Yoga	25 9:00-11:30 Open Bridge 12:30-3:00 Men's Bridge	26 9:00-11:30 Bridge Group 10:00 Tai Chi 1:00 Book Club 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	27 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Knitting Group	28 9:00-11:00 Eight Diamonds 10:00-12:00 Art Workshop
31 Closed - Memorial Day				