

February 2022

Mon	Tue	Wed	Thurs	Fri
Please call the Center (207-967-8514) or email Dori at info@seniorcenterkennebunk.org to register or FML.				
	1 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop	2 9:00-11:30 Bridge Group 10:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	3 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group	4 10:00-12:00 Knitting 1:00-3:00 Game Day
7 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot	8 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00-12:00 Art Workshop 1:30 Phone Bingo	9 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage 2:00 Movie Matinee – The Professor	10 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group	11 10:00-12:00 Knitting 12:00 Luncheon 1:00-3:00 Game Day
14 9:00 Keep it Legal 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot	15 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop 12:00 Fall Risk Course	16 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	17 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Strategies for Cognitive Health 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	18 10:00-12:00 Knitting 12:30 Safe Snow Shoveling Presentation 1:00-3:00 Game Day
21 Closed – President's Day	22 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00-12:00 Art Workshop 1:30 Phone Bingo	23 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage 1:00 Book Club	24 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	25 10:00-12:00 Knitting 12:00 Luncheon 1:00-3:00 Game Day

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28 9:30-12:00 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot				