

# March 2022

Mon	Tue	Wed	Thurs	Fri
<b>Please call the Center (207-967-8514) or email Dori at <a href="mailto:info@seniorcenterkennebunk.org">info@seniorcenterkennebunk.org</a> to register or FML.</b>				
	<b>1</b> 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop	<b>2</b> 9:00-11:30 Bridge Group 10:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>3</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>4</b> 10:00-12:00 Knitting 1:00-3:00 Game Day 1:00 "Beat the Board" Cornhole Tournament
<b>7</b> 9:00 Keep it Legal 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot	<b>8</b> 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00-12:00 Art Workshop 1:30 Phone Bingo	<b>9</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>10</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>11</b> 10:00-12:00 Knitting 12:00 Luncheon 1:00-3:00 Game Day
<b>14</b> 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot	<b>15</b> 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop	<b>16</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>17</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>18</b> 10:00-12:00 Knitting 12:00 Osteoarthritis and You with Reform Physical Therapy 1:00-3:00 Game Day
<b>21</b> 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot	<b>22</b> 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00-12:00 Art Workshop 12:30 Exercise and Cancer with Saco Bay Physical Therapy 1:30 Phone Bingo	<b>23</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>24</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>25</b> 10:00-12:00 Knitting 12:00 Luncheon 1:00-3:00 Game Day

# March 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b>  9:30-12:00 Goren 12 Bridge  12:30 – 3:30 Merry Maidens Bridge  1:30-3:00 Hand and Foot	<b>29</b>  9:30-12:00 Open Bridge  10:00 Virtual Tai Chi  10:00-12:00 Art Workshop  1:30 Phone Bingo	<b>30</b>  9:00-11:30 Bridge Group  10:00 -1:00 Craft Group  11:30 Walking Group  1:00-3:00 American Mahjong Group  1:00-3:00 Cribbage  1:00 Book Club	<b>31</b>  10:00-1:00 Octets Bridge  11:00 Grief Group  1:00-3:00 Novice American Mahjong Group  1:30 Spring Flower Arranging  2:00 Yoga Basics w/ Leslie  3:00 Yin Yoga w/ Leslie	