

# April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Please call the Center (207-967-8514) or email Dori at <a href="mailto:info@seniorcenterkennebunk.org">info@seniorcenterkennebunk.org</a> to register or FML.				
				<b>1</b> 10:00–12:00 Knitting 1:00 Cribbage
<b>4</b> 9:00 Keep it Legal 9:30 Spunky Spades Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot 3:00 Tech Support	<b>5</b> 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop 1:00 Meet Bridget!	<b>6</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>7</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>8</b> 10:00–12:00 Knitting 12:00 Luncheon 1:00 Cribbage
<b>11</b> 9:30 Spunky Spades Bridge 12:30 – 3:30 Merry Maidens Bridge 1:30-3:00 Hand and Foot 3:00 Tech Support	<b>12</b> 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop 1:00 How Physical Therapy Can Help with Dizziness with Saco Bay PT 2:30 Safety at Home with Kennebunk Center for Health & Rehab	<b>13</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>14</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>15</b> 10:00–12:00 Knitting 1:00 Farewell to Kate! 1:00 Cribbage
<b>18</b> <b>Closed – Patriots Day</b>	<b>19</b> 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop 1:30 Bingo	<b>20</b> 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 11:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	<b>21</b> 10:00-1:00 Octets Bridge 11:00 Grief Group 1:00-3:00 Novice American Mahjong Group 2:00 Yoga Basics w/ Leslie 3:00 Yin Yoga w/ Leslie	<b>22</b> 10:00–12:00 Knitting 12:00 Luncheon 1:00 Cribbage

# April 2022

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
9:30-12:00 Spunky Spades Bridge	9:30-12:00 Open Bridge	9:00-11:30 Bridge Group	10:00-1:00 Octets Bridge	10:00-12:00 Knitting
12:30 – 3:30 Merry Maidens Bridge	10:00-12:00 Art Workshop	10:00 -1:00 Craft Group	11:00 Grief Group	12:30 Garden Safety with Reform Physical Therapy
1:30-3:00 Hand and Foot	1:30 Bingo	11:30 Walking Group	1:00-3:00 Novice American Mahjong Group	1:00 Cribbage
3:00 Tech Support		1:00-3:00 American Mahjong Group	2:00 Yoga Basics w/ Leslie	
		1:00-3:00 Cribbage	3:00 Yin Yoga w/ Leslie	
		1:00 Book Club		