

August 2022

ThursMonday	Tuesday	Wednesday	Thursday	Friday
Please call the Center (207-967-8514) or email Dori at info@seniorcenterkennebunk.org to register or FMI.				
1 9:30 Spunky Spades Bridge 12:30 Merry Maidens Bridge 1:30 Hand and Foot	2 9:00 Men's Social Group – Coffee & Chat 10:00 Art Workshop 1:00 French Club 1:00 American Mahjong Lessons with Marjie 1:30 BINGO 3:00 Chair + Gentle Vinyasa Yoga with Leslie	3 9:00 Bridge Group 9:00 Walking Group 10:00 Craft Group 1:00 American Mahjong Group 1:00 Cribbage 1:30 All About Balance with Maine Balance Center	4 10:00 Octets Bridge 11:00 Grief Group 1:00 Novice American Mahjong Group	5 9:00 Open House 10:00 Knitting 10:00 Free Blood Pressure Check 1:00 Cribbage
8 9:30 Spunky Spades Bridge 12:30 Merry Maidens Bridge 1:30 Hand and Foot	9 9:00 Men's Social Group – Coffee & Chat 10:00 Art Workshop 1:30 BUNCO 3:00 Chair + Gentle Vinyasa Yoga with Leslie	10 9:00 Bridge Group 9:00 Walking Group 10:00 Craft Group 1:00 American Mahjong Group 1:00 Cribbage 1:30 All About Balance with Maine Balance Center	11 10:00 Octets Bridge 11:00 Grief Group 1:00 Novice American Mahjong Group 1:00 Bee Keeping with FarmWELL	12 9:00 Open House 10:00 Knitting 1:00 Cribbage
15 9:30 Spunky Spades Bridge 12:00 Luncheon 12:30 Merry Maidens Bridge 1:30 Hand and Foot	16 9:00 Men's Social Group – Coffee & Chat 10:00 Mindfulness with Nancy 1:00 French Club 1:30 BINGO 3:00 Chair + Gentle Vinyasa Yoga with Leslie	17 9:00 Bridge Group 9:00 Walking Group 10:00 Craft Group 1:00 American Mahjong Group 1:00 Cribbage 1:30 All About Balance with Maine Balance Center 5:30 Ice Cream Night at Seashore Trolley Museum	18 10:00 Octets Bridge 11:00 Grief Group 1:00 Novice American Mahjong Group 1:00 Book Reading with Elizabeth Lydia Bodner	19 9:00 Open House 10:00 Knitting 10:00 Free Blood Pressure Check 1:00 Cribbage

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
22 9:30 Spunky Spades Bridge 12:30 Merry Maidens Bridge 1:00 Meet & Greet with Trina Moskal 1:30 Hand and Foot	23 9:00 Men's Social Group – Coffee & Chat 10:00 Art Workshop 10:00 Mindfulness with Nancy 1:30 BUNCO 3:00 Chair + Gentle Vinyasa Yoga with Leslie	24 <p style="text-align: center;">Closed for in-house Programming</p>	25 1:00 Bee Keeping with FarmWELL <p style="text-align: center;">Closed for in-house Programming</p>	26 <p style="text-align: center;">9:00 – 1:00 Center Porch Sale, Friday & Saturday!</p> <p style="text-align: center;">Closed for in-house Programming</p>
29 9:30 Spunky Spades Bridge 12:30 Merry Maidens Bridge 1:30 Hand and Foot	30 9:00 Men's Social Group – Coffee & Chat 3:00 Chair + Gentle Vinyasa Yoga with Leslie	31 9:00 Bridge Group 10:00 Craft Group 11:30 Walking Group 1:00 Book Club 1:00 American Mahjong Group 1:00 Cribbage 1:30 All About Balance with Maine Balance Center		