

# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Please call the Center (207-967-8514) or email Dori at <a href="mailto:info@seniorcenterkennebunk.org">info@seniorcenterkennebunk.org</a> to register or FMI.</b></p>				<p><b>1</b></p> <p>9:00 Open House</p> <p>10:00 Knitting</p> <p>1:00 Cribbage</p>
<p><b>4</b></p> <p><b>Closed – Independence Day</b></p>	<p><b>5</b></p> <p>9:00 Men’s Social Group – Coffee &amp; Chat</p> <p>10:00 Art Workshop</p> <p>1:00 French Club</p> <p>1:30 BINGO</p> <p>3:00 Chair + Gentle Vinyasa Yoga with Leslie</p>	<p><b>6</b></p> <p>9:00 Bridge Group</p> <p>10:00 Craft Group</p> <p>11:30 Walking Group</p> <p>1:00 American Mahjong Group</p> <p>1:00 Cribbage</p>	<p><b>7</b></p> <p>10:00 Octets Bridge</p> <p>11:00 Grief Group</p> <p>1:00 Novice American Mahjong Group</p>	<p><b>8</b></p> <p>9:00 Open House</p> <p>10:00 Knitting</p> <p>1:00 Cribbage</p>
<p><b>11</b></p> <p>9:30 Spunky Spades Bridge</p> <p>11:00 Succulent Making with the Center Flower Ladies</p> <p>12:30 Merry Maidens Bridge</p> <p>1:30 Hand and Foot</p>	<p><b>12</b></p> <p>9:00 Men’s Social Group – Coffee &amp; Chat</p> <p>10:00 Art Workshop</p> <p>10:00 Mindfulness with Nancy</p> <p>1:00 American Mahjong Lessons with Marjie</p> <p>1:30 BUNCO</p> <p>3:00 Chair + Gentle Vinyasa Yoga with Leslie</p>	<p><b>13</b></p> <p>9:00 Bridge Group</p> <p>10:00 Craft Group</p> <p>11:30 Walking Group</p> <p>1:00 American Mahjong Group</p> <p>1:00 Cribbage</p>	<p><b>14</b></p> <p>10:00 Octets Bridge</p> <p>11:00 Grief Group</p> <p>1:00 Novice American Mahjong Group</p> <p>1:00 Horticulture with FarmWELL</p> <p>1:00 Meet &amp; Greet with Trina at Wealth Transition Collective</p>	<p><b>15</b></p> <p>9:00 Open House</p> <p>10:00 Knitting</p> <p>12:00 Luncheon</p> <p>1:00 Cribbage</p>
<p><b>18</b></p> <p>9:30 Spunky Spades Bridge</p> <p>12:30 Merry Maidens Bridge</p> <p>1:30 Hand and Foot</p>	<p><b>19</b></p> <p>9:00 Men’s Social Group – Coffee &amp; Chat</p> <p>10:00 Art Workshop</p> <p>1:00 French Club</p> <p>1:00 American Mahjong Lessons with Marjie</p> <p>1:30 BINGO</p> <p>3:00 Chair + Gentle Vinyasa Yoga with Leslie</p>	<p><b>20</b></p> <p>9:00 Bridge Group</p> <p>10:00 Craft Group</p> <p>11:30 Walking Group</p> <p>1:00 American Mahjong Group</p> <p>1:00 Cribbage</p> <p>1:00 Spring Flower Arranging with Dianne</p>	<p><b>21</b></p> <p>10:00 Octets Bridge</p> <p>11:00 Grief Group</p> <p>1:00 Novice American Mahjong Group</p> <p>1:00 Back Pain with Saco Bay Physical Therapy</p>	<p><b>22</b></p> <p>9:00 Open House</p> <p>10:00 Knitting</p> <p>1:00 Cribbage</p> <p>3:30–5:30 Guided Kayak Trip with Coastal Kayak Excursion</p>

# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>25</b></p> <p>9:30 Spunky Spades Bridge</p> <p>12:30 Merry Maidens Bridge</p> <p>1:30 Hand and Foot</p>	<p><b>26</b></p> <p>9:00 Men's Social Group – Coffee &amp; Chat</p> <p>10:00 Art Workshop</p> <p>10:00 Mindfulness with Nancy</p> <p>1:00 American Mahjong Lessons with Marjie</p> <p>1:30 BUNCO</p> <p>3:00 Chair + Gentle Vinyasa Yoga with Leslie</p>	<p><b>27</b></p> <p>9:00 Bridge Group</p> <p>10:00 Craft Group</p> <p>11:30 Walking Group</p> <p>1:00 American Mahjong Group</p> <p>1:00 Cribbage</p>	<p><b>28</b></p> <p>1:00 Horticulture with FarmWELL</p> <p><b>Closed for In-House Programming – Affairs to Remember Auction 6:00 – 8:00 pm</b></p>	<p><b>29</b></p> <p><b>Closed for Programming</b></p>