

# July 2021

Mon	Tue	Wed	Thurs	Fri
<b>In-person programs are in bold and require pre-registration.</b> Virtual and Telephone programs are in regular font.				
Please call the Center (207-967-8514) or email Dori at <a href="mailto:info@seniorcenterkennebunk.org">info@seniorcenterkennebunk.org</a> to register or FMI.				
			<b>1</b> 9:00 Chair Yoga 10:00 Floor Yoga <b>10:00-1:00 Octets</b> <b>11:00 Grief Group</b> <b>1:00 Knitting Group</b> <b>1:00 Conversational Spanish</b>	<b>2</b> <b>1:00-3:00 Cribbage</b>
<b>5</b> <b>CLOSED</b> <b>INDEPENDENCE</b> <b>DAY</b>	<b>6</b> <b>9:00-11:30 Open Bridge</b> <b>10:00-12:00 Art Workshop</b> <b>1:00 Conversational Spanish</b>	<b>7</b> <b>9:00-11:30 Bridge Group</b> <b>10:00 -2:00 Craft Group</b> 10:00 Tai Chi <b>12:30 Walking Group</b> <b>1:00-3:00 American Mahjong Group</b> <b>1:00-3:00 Cribbage</b> <b>2:30-4:00 Memoir Writing</b>	<b>8</b> <b>10:00-1:00 Octets</b> <b>11:00 Grief Group</b> <b>1:00 Conversational Spanish</b>	<b>9</b> <b>10:00-12:00 Knitting Group</b> <b>1:00-3:00 Cribbage</b>
<b>12</b> <b>9:00-12:00 Goren 12 Bridge</b> <b>12:30 – 3:30 Merry Maidens Bridge</b> 1:00 Chair Yoga	<b>13</b> <b>9:00-11:30 Open Bridge</b> <b>10:00-12:00 Art Workshop</b> 1:30 Bingo	<b>14</b> <b>9:00-11:30 Bridge Group</b> <b>10:00 -2:00 Craft Group</b> <b>12:30 Walking Group</b> <b>1:00-3:00 American Mahjong Group</b> <b>1:00-3:00 Cribbage</b> <b>2:30-4:00 Pencil Drawing</b>	<b>15</b> 9:00 Chair Yoga 10:00 Floor Yoga <b>10:00-1:00 Octets</b> <b>11:00 Grief Group</b>	<b>16</b> <b>10:00-12:00 Knitting Group</b> <b>1:00-3:00 Cribbage</b> <b>12:00 Luncheon</b>

# July 2021

Mon	Tue	Wed	Thurs	Fri
<b>19</b> <b>9:00-12:00 Goren 12 Bridge</b> <b>12:30 – 3:30 Merry Maidens Bridge</b> 1:00 Chair Yoga	<b>20</b> <b>9:00-11:30 Open Bridge</b> <b>10:00-12:00 Art Workshop</b>	<b>21</b> <b>9:00-11:30 Bridge Group</b> <b>10:00 -2:00 Craft Group</b> <b>12:30 Walking Group</b> 10:00 Tai Chi <b>1:00-3:00 American Mahjong Group</b> <b>1:00-3:00 Cribbage</b> <b>2:30-4:00 Pencil Drawing</b>	<b>22</b> 9:00 Chair Yoga 10:00 Floor Yoga <b>10:00-1:00 Octets</b> <b>11:00 Grief Group</b>	<b>23</b> <b>10:00-12:00 Knitting Group</b> <b>1:00-3:00 Cribbage</b>
<b>26</b> <b>9:00-12:00 Goren 12 Bridge</b> <b>12:30 – 3:30 Merry Maidens Bridge</b> 1:00 Chair Yoga	<b>27</b> <b>9:00-11:30 Open Bridge</b> <b>10:00-12:00 Art Workshop</b> 1:30 Bingo	<b>28</b> <b>9:00-11:30 Bridge Group</b> <b>10:00 -2:00 Craft Group</b> <b>12:30 Walking Group</b> <b>1:00-3:00 American Mahjong Group</b> <b>1:00-3:00 Cribbage</b> <b>2:30-4:00 Pencil Drawing</b>	<b>29</b> 9:00 Chair Yoga 10:00 Floor Yoga <b>10:00-1:00 Octets</b> <b>11:00 Grief Group</b>	<b>30</b> <b>10:00-12:00 Knitting Group</b> <b>1:00-3:00 Cribbage</b>