

October 2021

Mon	Tue	Wed	Thurs	Fri
Please call the Center (207-967-8514) or email Dori at info@seniorcenterkennebunk.org to register or FMI.				
				1 10:00–12:00 Knitting 1:00-3:00 Cribbage
4 9:00 Keep it Legal with Milda Castner, Esq. 9:30 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:00 Chair Yoga 1:30-3:00 Hand and Foot	5 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00-12:00 Art Workshop 1:00 Conversational Spanish 1:30 Phone Bingo	6 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 12:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	7 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Conversational Spanish 1:00-3:00 Novice American Mahjong Group	8 <i>10:00 Friends of Hope Woods Cemetery Guided Walk</i> 10:00–12:00 Knitting 1:00-3:00 Cribbage
11 Closed – Indigenous Peoples' Day	12 9:30-12:00 Open Bridge 10:00-12:00 Art Workshop 1:00 Conversational Spanish	13 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 12:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	14 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Conversational Spanish 1:00-3:00 Novice American Mahjong Group	15 10:00–12:00 Knitting 12:00 Luncheon 1:00-3:00 Cribbage
18 9:30-12:00 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:00 Chair Yoga 1:30-3:00 Hand and Foot 3:00 Caregiver Informational Session with SMAAA	19 9:30-12:00 Open Bridge 10:00 Virtual Tai Chi 10:00 Senior Planning Insurance Workshop 10:00-12:00 Art Workshop 1:00 Conversational Spanish 1:30 Phone Bingo	20 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 12:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage	21 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Conversational Spanish 1:00-3:00 Novice American Mahjong Group	22 10:00–12:00 Knitting 1:00-3:00 Cribbage

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25 9:30-12:00 Goren 12 Bridge 12:30 – 3:30 Merry Maidens Bridge 1:00 Chair Yoga 1:30-3:00 Hand and Foot	26 9:30-12:00 Open Bridge 10:00 Senior Planning Insurance Workshop 10:00-12:00 Art Workshop 1:00 Conversational Spanish	27 9:00-11:30 Bridge Group 10:00 -1:00 Craft Group 12:30 Walking Group 1:00-3:00 American Mahjong Group 1:00-3:00 Cribbage 1:00 Book Club	28 9:00 Chair Yoga 10:00 Floor Yoga 10:00-1:00 Octets 11:00 Grief Group 1:00 Conversational Spanish 1:00-3:00 Novice American Mahjong Group 1:00 Fall Flower Arranging	29 10:00–12:00 Knitting 1:00-3:00 Cribbage