

# March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>New: Register online by visiting our website!</b>				
		<b>1</b> 9:00 Bridge Group 9:30 Walking Group at Sea Road School 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>2</b> 10:00 Octets Bridge <b>1:00 My Senior Center Online Registration Presentation</b> 1:00 American Mahjong (novice)	<b>3</b> 9:00 Open House 10:00 Knitting Group 1:00 Cribbage (intermediate) <b>1:00 Movie Matinee – "I'll See You in my Dreams"</b>
<b>6</b> 9:00 Keep it Legal 9:30 Spunky Spades Bridge <b>10:00 Pencil Painting Class with Vera</b> 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot 3:00 Tech Support	<b>7</b> 9:30 Open Bridge Group 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie 10:00 Coffee with a Cop 1:00 French Club 1:30 Bingo	<b>8</b> 9:00 Bridge Group 9:30 Walking Group at Sea Road School 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>9</b> 10:00 Octets Bridge <b>11:00 Hand Osteoarthritis with Saco Bay PT</b> 1:00 American Mahjong (novice)	<b>10</b> 9:00 Open House 10:00 Knitting Group 1:00 Cribbage (intermediate) <b>1:00 Beat the Board Cornhole Tournament</b>
<b>13</b> 9:30 Spunky Spades Bridge <b>10:00 Pencil Painting Class with Vera</b> <b>11:30 Care Giver Support Group</b> <b>10:00 Chair Massage with Spa Voyage</b> 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot 3:00 Tech Support <b>6:00 Irish Whiskey Tasting at Ryan's Irish Pub</b>	<b>14</b> 9:30 Open Bridge Group 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie 1:30 Bingo <b>2:00 Center Singers with Vera</b>	<b>15</b> 9:00 Bridge Group 9:30 Walking Group at Sea Road School 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) <b>2:00 St. Patty's Day Centerpiece Workshop &amp; Trivia with Seacoast Senior Advisors</b>	<b>16</b> 10:00 Octets Bridge 1:00 American Mahjong (novice)	<b>17</b> 9:00 Open House 10:00 Knitting Group <b>12:00 St. Patty's Day Luncheon</b> 1:00 Cribbage (intermediate)

# March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>20</b> 9:30 Spunky Spades Bridge <b>10:00 Pencil Painting Class with Vera</b> <b>11:30 Care Giver Support Group</b> 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot 3:00 Tech Support	<b>21</b> 9:30 Open Bridge Group 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie 1:00 French Club 1:30 Bingo	<b>22</b> 9:00 Bridge Group 9:30 Walking Group at Sea Road School 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>23</b> 10:00 Octets Bridge 1:00 American Mahjong (novice) <b>2:00 First Quarter Birthday Celebration</b>	<b>24</b> 9:00 Open House 10:00 Knitting Group 11:30 Bridget's Lunch Bunch 1:00 Cribbage (intermediate) <b>1:00 Animal Welfare Society Animal Adoption Chat</b> <b>2:00 Dewey's World Travels – Galapagos Islands</b>
<b>27</b> 9:30 Spunky Spades Bridge <b>10:00 Pencil Painting Class with Vera</b> <b>11:30 Care Giver Support Group</b> 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot 3:00 Tech Support	<b>28</b> 9:30 Open Bridge Group 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie 1:30 Bingo <b>2:00 Center Singers with Vera</b>	<b>29</b> 9:00 Bridge Group 9:30 Walking Group at Sea Road School 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) 1:00 Book Club	<b>30</b> 10:00 Octets Bridge 1:00 American Mahjong (novice) <b>6:00 Art Night Fundraiser with The Creative Soul</b>	<b>31</b> 9:00 Open House 10:00 Knitting Group 1:00 Cribbage (intermediate) <b>1:00 Spring Succulent Workshop with 207 Properties</b>

## KEY

**Highlighted Program = New & Noteworthy**

**Bold Program = Off-Site Program or Fundraiser**