

# July 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Please remember that all programs require registration.            Register online by visiting our website!</b>				
<b>3</b> 9:30 Spunky Spades Bridge 10:00 Pencil Painting II with Vera 11:00 Care Giver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	<b>4</b> <p style="text-align: center;"><b>Closed for Independence Day</b></p>	<b>5</b> 9:00 Bridge Group 10:00 Walking Group at The Center 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) <b>5:30 Ice Cream Night at Seashore Trolley Museum</b>	<b>6</b> 10:00 Octets Bridge 10:00 Mindfulness with Nancy 1:00 American Mahjong (novice) 2:00 Ukelele Group	<b>7</b> 9:00 Open House 10:00 Knitting Group 10:00 Beginner Line dancing 11:00 Cribbage (intermediate) <b>Closed at 1:00</b>
<b>10</b> 9:30 Spunky Spades Bridge <b>10:00 Chair Massage with Spa Voyage</b> 10:00 Pencil Painting II with Vera 11:00 Care Giver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	<b>11</b> 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie 10:00 Coffee with a Cop 1:00 French Club	<b>12</b> 9:00 Bridge Group <b>9:00 Come Play Tai Chi</b> 10:00 Walking Group at The Center 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>13</b> 10:00 Octets Bridge <b>10:00 Mini-golfing at Raptor Falls</b> 1:00 American Mahjong (novice) 1:00 Cornhole 2:00 Ukelele Group	<b>14</b> 9:00 Open House 10:00 Knitting Group 10:00 Beginner Line dancing 11:00 Cribbage (intermediate) <b>Closed at 1:00</b>
<b>17</b> 9:30 Spunky Spades Bridge 11:00 Care Giver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	<b>18</b> 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie <b>11:30 Age Well Fitness with COR Health</b> <b>4:00 Potting Annuals Workshop at Wallingford Farm</b>	<b>19</b> 9:00 Bridge Group <b>9:00 Come Play Tai Chi</b> 10:00 Walking Group at The Center 10:00 Craft Group <b>12:00 BBQ Luncheon with Avita of Wells</b> 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>20</b> 10:00 Octets Bridge 1:00 American Mahjong (novice) 2:00 Ukelele Group <b>3:00 World Travels with Dewey – Iceland</b>	<b>21</b> 9:00 Open House 10:00 Knitting Group 10:00 Beginner Line dancing 11:00 Cribbage (intermediate) <b>Closed at 1:00</b>



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<b>Please remember that all programs require registration. Register online by visiting our website!</b>				
<b>24</b> 9:30 Spunky Spades Bridge 11:00 Care Giver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	<b>25</b> 10:00 Art Workshop 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie <b>11:30 Bridget's Lunch Bunch</b> 1:00 French Club	<b>26</b> 9:00 Bridge Group <b>9:00 Come Play Tai Chi</b> 10:00 Walking Group at The Center 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) 1:00 Book Club	<b>27</b> <p style="text-align: center;"><b>Closed for Auction</b></p> <b>6:00 Affairs to Remember Auction at Kennebunk River Club Casino</b>	<b>28</b> <p style="text-align: center;"><b>Closed for Auction</b></p>
<b>31</b> 9:30 Spunky Spades Bridge 11:00 Care Giver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot <b>4:00 Sunset Cruise to Perkins Cove</b>				

**KEY**

**Highlighted Program = New & Noteworthy**

**Bold Program = Off-Site Program or Fundraiser**

